



FEDERATION INTERNATIONALE DES LUTTES ASSOCIEES
INTERNATIONAL FEDERATION OF ASSOCIATED WRESTLING STYLES

Adresse : Rue du Château 6 / 1804 Corsier-sur-Vevey / Suisse
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TO ALL NATIONAL FEDERATIONS

Corsier-sur-Vevey, 10th December 2008

Subject: Respect of the World Anti-doping Code Compliance with the FILA's Regulations.

Dear President,
Dear Doctor,
Dear Coach,

The FILA and all the National Anti-doping Organisations have adopted the 2009 Code and its ruling models and modified anti-doping regulation according to the needs of all signatories groups, and particularly in the sport of wrestling, the FILA Anti-doping Regulation.

The National Affiliated Federations have the duty and the obligation to establish their own National Anti-doping Regulation which has to model itself on the FILA Anti-doping Regulation, as it is the case for any other regulation and statutes.

The FILA will not accept any compromise concerning the application of the regulation, and, if it shouldn't be the case, suspensive measures up to the withdrawal of the affiliation will be taken against the Federation of which file and enforcement would not appear to be compliant with the regulations of the FILA.

In order to renew your affiliation to the FILA, we ask you to send us at your earliest convenience, and before 1st February 2009, your National Anti-doping Regulations in French and in English.

This being, please allow me to warn you about the controls your wrestlers will be imposed to.

1. In order to detect the absorption of certain forbidden drugs, the Code considers the acceptance of blood samples compulsory. No dispensation will be accepted. Any refusal will be considered as a violation of the Code and the wrestler will be sanctioned.

2. The wrestlers with a pathology that needs medical treatment based on forbidden drugs will have to request beforehand, through their physician, a T.U.E (Therapeutic Use Exemption) 21 days at least before the competition to which a wrestler is participating. The wrestler will be able to participate only when he receives the authorization. If the authorization is refused and the wrestler is being found positive subsequently, he will be considered, without further explanations, as having violated the Code and condemned.

3. **Important:** In order to allow « Out of competition » controls, the FILA and its affiliated Federation will associate to develop these out of competition controls. To do so we propose that the National Federations organizing tournaments proceed to four out of competition controls at least together with the National Anti-doping Organisations and which will have to take place before weighing in on wrestlers chosen at random.

If not possible, out of competition controls will be organized during training courses/camps. Consequently the places and dates of these courses will have to be given to the FILA.



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The control forms that allow identifying the concerned wrestler will have to be sent as promptly as possible (until the day after the competition or as soon as possible if during a training camp) to the FILA.

4. Like every year a group of wrestlers included in the testing pool is established together with the WADA. The WADA will perform out of competition controls on the wrestlers included in this list. You will receive the list of your Federation's concerned wrestlers.

When receiving the list, it is compulsory to provide the FILA and the WADA with the permanent whereabouts of your wrestlers in order to allow the controls. We are aware that the wrestlers should benefit from a certain liberty and that they cannot stay permanently in training centres. This is the reason why we ask you to fill in the forms as precisely as you can.

I remind you that three consecutive absences within a period of 18 months will be considered as a violation of the Code and the wrestler will be suspended during two years.

Please do not hesitate to contact should you need more information.

Thanking you for your attention and your collaboration in this matter, I remain,

Yours sincerely

Michel Dusson
FILA Secretary General